



**NHS Pharmacy First Scotland
Approved List of Products**

30th Edition: 1st June 2024
Review Date: 1st October 2026

Changes made in this Edition:

Update to Section 10 Skin to remove Epimax original cream, all pack sizes, from NHS Grampian's list only.

Update to Section 10 Skin to remove QV 85.09% Bath Oil 250 ml pack size, QV Gentle Wash 250 ml pack size and QV Skin Lotion 5% 250 ml pack size from all relevant NHS Board lists. These pack sizes will not be reimbursable effective from 1st August 2024.

Update to Section 2.2 Cough to remove Simple linctus paediatric sugar free and Simple Linctus sugar free, all pack sizes.

This removal is following advice from Area Drugs and Therapeutics Committees Collaborative (ADTCC). Lack of clinical evidence of effectiveness means they cannot support the continued inclusion of these products as treatments available on the NHS, in line with prescribing guidance across the country.

Patients presenting with symptoms of a cough can obtain background information on coughs and their clinical management [at NHS Inform here](#). If the patient subsequently requires further support, they can still access NHS Pharmacy First Scotland consultations for advice and/or referral where appropriate.

NHS Pharmacy First Scotland: Approved list of products

Introduction

The Scottish Government NHS Circular [PCA \(P\)\(2020\)13](#), published in June 2020, details the launch of NHS Pharmacy First Scotland. The circular encloses the legal Directions, service specification and operational support documents which together outline how the service should operate.

This approved list of products has been developed by representatives of all 14 NHS Health Boards with input from Community Pharmacy Scotland and other key stakeholders. It details the limited list of items which may be supplied to eligible patients following a consultation in response to presenting symptoms. **Wherever possible, providing lifestyle advice and support to manage minor conditions should be the preferred course of action**, with treatment supplied and referrals made only where necessary. With the exception of sections 10.1 (Skin: Eczema and allergy) and 6.1 (Cystitis), the items detailed in the Approved List can be supplied across all NHS Boards. In sections 10.1 and 6.1, each NHS Board has indicated the approved items which may be supplied by community pharmacy teams in their area.

The medicines listed should be used within their GSL or P licensed indication, and the POM products listed should only be used under the terms of the relevant Patient Group Directions (PGDs). The approved list serves only to detail the treatments available under the service – the Pharmacist must use their own professional judgement at all times to determine the best course of action for each patient. Only those specific items and pack sizes which appear on this list will be reimbursed if supplied under the NHS Pharmacy First Scotland service. Where a patient wishes to use a particular product which does not appear on the Approved List and the Pharmacist agrees that this is safe and appropriate, the patient may purchase that product.

The Approved List is arranged according to BNF category, with products within each category listed alphabetically. Selection of products should be based on the Pharmacist's assessment of clinical appropriateness for each individual patient. However, where there is a clear first-line choice of treatment this is indicated.

A new section of the [Scottish Drug Tariff](#), Part 17, hosts the approved list of products.

Notes

The list details the products available on the NHS Pharmacy First Scotland Service.

Please note the following points:

- A range of pack sizes and forms have been included for some lines to ensure continued supply when some are temporarily unavailable.
- When making a choice between available products, in the absence of a clinical reason determining otherwise, the most cost-effective one should be selected.
- When making a choice between a sugar free and a sugar containing product, in the absence of a clinical reason determining otherwise, the sugar free one should be selected.
- When submitting reimbursement claims for products supplied, it is important that the label and claim should match the product as it is written in the Approved List. For example, if listed generically in the Approved List then the label and claim must be for the generic item. If listed as a branded product then the label and claim should be for that branded product.

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1. Gastrointestinal System

1.1 Dyspepsia and Gastro-oesophageal reflux

1st Line	Co-magaldrox 195mg/220mg/5ml oral suspension sugar free	Pack Size	500 ml
1st Line	Peptac Liquid Aniseed	Pack Size	500 ml
1st Line	Peptac Liquid Peppermint	Pack Size	500 ml

1.2 Gastrointestinal smooth muscle spasm

	Hyoscine butyl bromide 10 mg tablets	Pack Size	20
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1.3 Irritable Bowel Syndrome

	Mebeverine 135 mg tablets	Pack Size	15
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1.4 Acute Diarrhoea

1st Line	Dioralyte oral powder sachets blackcurrant Dioralyte oral powder sachets citrus Dioralyte oral powder sachets plain	Pack Size	6, 20*
2nd Line	Dioralyte Relief oral powder sachets blackcurrant Dioralyte Relief oral powder sachets raspberry	Pack Size	6
2nd Line	Loperamide 2 mg capsules	Pack Sizes	6, 10, 12

1.5 Constipation

	Ispaghula husk 3.5 g effervescent granules sachets gf sf	Pack Sizes	10, 30
	Macrogol compound oral powder sachets NPF sugar free	Pack Sizes	20, 30
	Bisacodyl 5 mg gastro-resistant tablets	Pack Sizes	20
	Glycerol 1 g suppositories	Pack Size	12
	Glycerol 2 g suppositories	Pack Size	12
	Glycerol 4 g suppositories	Pack Size	12
	Senna 7.5 mg tablets	Pack Size	20
	Sennosides 7.5 mg/5 ml oral solution sugar free	Pack Size	150 ml
2nd Line	Lactulose 3.1-3.7g/5ml oral solution **	Pack Sizes	300 ml, 500 ml

1.6 Haemorrhoids

	Anusol Cream	Pack Size	23 g
	Anusol Ointment	Pack Size	25 g
	Anusol Plus HC Ointment <i>(Treatment should not be for longer than 7 days with hydrocortisone containing products)</i>	Pack Size	15 g
	Anusol Plus HC suppositories <i>(Treatment should not be for longer than 7 days with hydrocortisone containing products)</i>	Pack Size	12
	Anusol suppositories	Pack Size	12

* Packs of 20 sachets may be split up into 5 sachets per patient. Contractors should endorse the pack size and quantity for each dispensing.

** Lactulose 3.1-3.7g/5ml oral solution products are 2nd line osmotic laxative.

2. Respiratory

2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye))

	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg / ml oral solution sugar free	Pack Size	70 ml, 200ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2 mg / 5ml	Pack Size	150 ml
	Chlorphenamine oral solution 2 mg / 5ml sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml
	Fexofenadine 120 mg tablets (PGD)	Pack Size	30

2.2 Cough

	No products		
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2.3 Nasal Congestion

	Xylometazoline 0.05% drops	Pack Size	10 ml
	Xylometazoline 0.1% drops	Pack Size	10 ml
	Xylometazoline 0.1% nasal spray	Pack Size	10 ml
	Mandanol 0.9% nasal drops (M & A Pharmachem Ltd)	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (Almus Pharmaceuticals Ltd)	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (Orbis Consumer Products Ltd)	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (RX Farma)	Pack Size	10 ml

2.4 Nasal Allergy

	Beclometasone dipropionate 50 micrograms/actuation nasal spray (PGD for 200 doses pack)	Pack Sizes	100 doses, 180 doses, 200 doses
	Mometasone furoate 50 micrograms/actuation nasal spray, suspension (PGD)	Pack Sizes	140 doses

3. Central Nervous System

3.1 Travel sickness

	Cinnarizine 15 mg tablets	Pack Size	15
	Hyoscine hydrobromide 150 micrograms tablets	Pack Size	12
	Hyoscine hydrobromide 300 micrograms tablets	Pack Size	12

3.2 Analgesics and Antipyretics

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Paracetamol 120 mg /5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 120 mg /5 ml oral suspension paediatric	Pack Size	100 ml
	Paracetamol 250 mg /5 ml oral suspension sugar free	Pack Size	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets ***	Pack Size	24

3.3 Migraine and associated symptoms

	Aspirin dispersible 300 mg tablets	Pack Size	32
	Aspirin tablets 300 mg	Pack Size	32
	Prochlorperazine 3 mg buccal tablets	Pack Size	8
	Sumatriptan 50 mg tablets	Pack Size	2

4. Musculoskeletal & Joint

4.1 Musculoskeletal & Joint

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Ibuprofen 5% gel	Pack Sizes	30 g, 50 g
	Paracetamol 120 mg/5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 120 mg /5 ml oral suspension paediatric	Pack Size	100 ml
	Paracetamol 250 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets ***	Pack Size	24

*** Note: Product has high salt content.

5. Infections

5.1 Vaginal Candidiasis

	Clotrimazole 1% cream	Pack Size	20 g
	Clotrimazole 500 mg pessaries	Pack Size	1
	Fluconazole 150 mg capsule	Pack Size	1

5.2 Fungal Skin Infections (not nail)

	Clotrimazole 1% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% cream	Pack Size	30 g
	Terbinafine 1% cream	Pack Sizes	15 g

5.3 Preparations for warts and verrucae

	Occlusal 26% Solution	Pack Size	10 ml
	Salactol Paint	Pack Size	10 ml
	Salatac gel	Pack Size	8 g
	Bazuka Extra Strength 26% gel (Diomed Developments Ltd)	Pack Size	5ml

5.4 Cold sores

	Aciclovir cream 5%	Pack Size	2 g
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5.5 Threadworm

	Mebendazole 100 mg chewable tablets sugar free	Pack Size	1
	Mebendazole 100 mg/5 ml oral suspension	Pack Size	30 ml

5.6 Head lice			
	Dimeticone 4% lotion	Pack Sizes	50 ml, 150 ml
	Dimeticone 4% cutaneous spray	Pack Size	120 ml
	Nitcomb - M2	Pack Size	1
	Nitcomb - S1	Pack Size	1
	Nitty Gritty NitFree Steel Nit Comb	Pack Size	1
5.7 Scabies, Pubic (Crab) Lice			
	Malathion 0.5% aqueous liquid	Pack Size	150 ml
	Permethrin 5% cream	Pack Size	30 g
5.9 Impetigo			
	Fusidic acid 2% cream (PGD)	Pack Size	15 g
	Hydrogen peroxide 1% cream	Pack Size	25 g, 40 g
5.10 Shingles			
	Aciclovir 400 mg tablets (PGD)	Pack Size	56
	Aciclovir 800 mg tablets (PGD)	Pack Size	35
	Aciclovir 400 mg dispersible tablets (PGD)	Pack Size	56
	Aciclovir 800 mg dispersible tablets (PGD)	Pack Size	35
5.11 Bacterial skin infections			
	Flucloxacillin 250 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 500 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 250 mg/5 ml oral solution (PGD)	Pack Size	100 ml

6. Urinary Tract Disorders

6.1 Cystitis

Local Formulary choices – UTI PGDs

Please refer to your NHS Board for further details on e.g. how to access test results required for Nitrofurantoin PGDs.

NHS Board	1st Line	2nd Line
Ayrshire and Arran	Trimethoprim	N/A
Borders	Trimethoprim	Nitrofurantoin
Dumfries and Galloway	Trimethoprim	Nitrofurantoin
Fife	Trimethoprim	Nitrofurantoin
Forth Valley	Trimethoprim	Nitrofurantoin
Greater Glasgow and Clyde	Trimethoprim	Nitrofurantoin
Grampian	Trimethoprim	N/A
Highland	Trimethoprim	Nitrofurantoin
Lanarkshire	Trimethoprim	Nitrofurantoin
Lothian	Trimethoprim	Nitrofurantoin
Orkney	Trimethoprim	Nitrofurantoin
Shetland	Trimethoprim	N/A
Tayside (access to test results in pharmacy)	Nitrofurantoin	Trimethoprim
Tayside (no access to test results except via GP or OOH)	Trimethoprim	Nitrofurantoin
Western Isles	Trimethoprim	Nitrofurantoin

Nitrofurantoin 50 mg tablets (PGD)	Pack Size	28
Nitrofurantoin 100 mg modified-release capsules (PGD)	Pack Size	14
Trimethoprim 100 mg tablets (PGD)	Pack Size	28
Trimethoprim 200 mg tablets (PGD)	Pack Size	6
Trimethoprim 200 mg tablets (PGD)	Pack Size	14
Sodium citrate 4 g oral granules sachets	Pack Size	6
Sodium citrate 4 g oral powder sachets	Pack Size	6
Potassium citrate 3 g granules sachets sugar free	Pack Size	6

7. Eye

7.1 Infected Eye

	Chloramphenicol 0.5% eye drops	Pack Size	10 ml
	Chloramphenicol 1% eye ointment	Pack Size	4 g

7.2 Management of Dry Eye

	Artelac Nighttime 0.2% Gel	Pack Size	10 g
	Carbomer 0.2% Gel (Medicom Healthcare Ltd)	Pack Size	10 g
	Clinitas Carbomer 0.2% Eye Gel	Pack Size	10 g
	Lumecare Carbomer 0.2% Eye Gel	Pack Size	10 g
	Ocufresh 0.2% Lubricating Eye Gel (Blumont Healthcare Ltd)	Pack Size	10 g
	Xailin 0.2% Eye Gel	Pack Size	10 g
	Evolve Carbomer 980 0.2% Eye Gel preservative free	Pack Size	10 g
	Hilo Night eye ointment preservative free	Pack Size	5g
	Hypromellose 0.3% eye drops	Pack Size	10 ml
	Xailin Night eye ointment preservative free	Pack Size	5g
	AaCarb Carbomer 0.2% eye gel	Pack Size	10g
	GelTears 0.2% gel	Pack Size	10g
	Viscotears 2mg/g liquid gel	Pack Size	10g

7.3 Allergic Eye Conditions

	Sodium cromoglicate 2% eye drops	Pack Sizes	5 ml, 10 ml
	Olopatadine 1mg/1ml eye drops (PGD)	Pack Size	5 ml

8. Ear

8.1 Removal of Ear Wax

1st Line:	Olive oil ear drops (Alissa Healthcare Research Ltd)	Pack Size	10 ml
	Arjun ear drops	Pack Size	10ml
	Olive oil ear drops (Bell, Sons & Co (Druggists) Ltd)	Pack Size	10ml
	Care olive oil ear drops	Pack Size	10ml
	KliarVax Olive Oil ear drops	Pack Size	10ml
	Olive oil ear drops (Numark Ltd)	Pack Size	15ml
	Otadrop olive oil ear drops	Pack Size	10ml
	Olive oil ear drops (Sai-Meds Ltd)	Pack Size	10ml
	Olive oil ear drops (St Georges Medical Ltd)	Pack Size	10ml
2nd Line:	Sodium bicarbonate 5% ear drops (Alissa Healthcare Research Ltd)	Pack size	10 ml
	Sodium bicarbonate 5% ear drops (Bell, Sons & Co (Druggists) Ltd)	Pack size	10 ml
	KliarVax Sodium Bicarbonate ear drops	Pack size	10 ml
	Sodium bicarbonate 5% ear drops (Sai-Meds Ltd)	Pack size	10 ml
	Sodium bicarbonate 5% ear drops (Thornton & Ross Ltd)	Pack size	10 ml

8.2 Otitis Externa

	Acetic acid 2% solution	Pack Size	5 ml
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9. Mouth

9.1 Oral Ulceration and Inflammation

	Benzydamine 0.15% oromucosal spray sugar free	Pack Size	30 ml
	Benzydamine 0.15% mouthwash sugar free	Pack Size	300 ml
	Chlorhexidine gluconate 0.2% mouthwash	Pack Size	300 ml
	Corsodyl 0.2% mouthwash – alcohol free	Pack Size	300 ml
	Anbesol liquid	Pack Sizes	10 ml
	Hydrocortisone 2.5 mg muco-adhesive buccal tablets sugar free	Pack Size	20

9.2 Oral Thrush

	Miconazole 2% w/w oral gel	Pack Size	15 g
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10. Skin

10.1 Eczema and Allergy

Lists for each NHS Board below

NHS Ayrshire & Arran

Emollients:

	Doublebase gel	Pack Sizes	100 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg
	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	500 g
	QV cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroveen cream	Pack Sizes	100 g, 500 g

Emollient bath and shower additives:

	Hydromol Bath and Shower emollient	Pack Sizes	350 ml, 500 ml
	QV Gentle wash	Pack Size	500 ml

Bath/shower preparations with antimicrobials:

	Dermol 500 lotion	Pack Size	500 ml
	Dermol 600 bath emollient	Pack Size	600 ml
	Oilatum Plus bath additive	Pack Size	500 ml

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	500 g
	Fifty:50 ointment	Pack Sizes	500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	Pack Sizes	500 g

NHS Borders			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2nd Line	QV cream	Pack Size	500 g
2nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
2nd Line	QV skin lotion 5%	Pack Size	500 ml
<u>Emollients (heavy weight):</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
2nd Line	Emulsifying ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	Emulsifying ointment	Pack Size	500 g
3rd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
3rd Line	QV Gentle Wash	Pack Size	500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
4th Line	Dermol 500 lotion	Pack Size	500 ml

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<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	250 g
	Fifty:50 ointment	Pack Sizes	250 g

NHS Dumfries & Galloway

Emollients:

1st Line	Epimax original cream	Pack Size	500 g
1st Line	ExoCream	Pack Size	500 ml
1st Line	Epimax isomol gel	Pack Size	500 g
2nd Line	QV cream	Pack Sizes	100 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
2nd Line	Hydromol ointment	Pack Sizes	125 g, 500 g, 1 kg

Emollient bath and shower additives:

1st Line	Emulsifying ointment	Pack Sizes	500 g
2nd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
2nd Line	QV Gentle wash	Pack Size	500 ml

Bath/shower preparations with antimicrobials:

	Dermol 200 shower emollient	Pack Size	200 ml
	Dermol 600 bath emollient	Pack Size	600 ml

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White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	250 g
	Fifty:50 ointment	Pack Sizes	250 g

NHS Fife			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2nd Line	QV cream	Pack Size	500 g
2nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
2nd Line	QV skin lotion 5%	Pack Size	500 ml
<u>Emollients (heavy weight):</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
2nd Line	Emulsifying ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	Emulsifying ointment	Pack Size	500 g
3rd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
3rd Line	QV Gentle Wash	Pack Size	500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
4th Line	Dermol 500 lotion	Pack Size	500 ml

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<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	250 g
	Fifty:50 ointment	Pack Sizes	250 g

NHS Forth Valley

Emollients:

	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Sizes	250 g, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Sizes	125 g, 500 g
1 st Line	Epimax isomol gel (contains phenoxyethanol)	Pack Sizes	100 g, 500 g
2 nd Line	Doublebase gel (if allergic to phenoxyethanol)	Pack Sizes	100 g, 500 g
1 st Line	Epimax original cream (contains phenoxyethanol)	Pack Sizes	100 g, 500 g
1 st Line	Zerobase 11% cream (if allergic to phenoxyethanol)	Pack Sizes	50 g , 500 g
2 nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g
2 nd Line	QV cream	Pack Sizes	100 g, 500 g
	QV 5% skin lotion	Pack Size	500 ml
	Dermol cream	Pack Sizes	100 g, 500 g
1 st Line	Dermol 500 lotion (as Soap Substitute)	Pack Size	500 ml
2 nd Line	QV Gentle wash (as Soap Substitute)	Pack Size	500 ml

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White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	250 g, 500 g
	Fifty:50 ointment	Pack Sizes	250 g, 500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	Pack Sizes	500 g

NHS Greater Glasgow and Clyde

Emollients:

	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	500g
	Zerobase 11% cream	Pack Size	50 g, 500 g

Emollient bath and shower additives:

	QV Gentle Wash	Pack Size	500 ml
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White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	500 g
	Fifty:50 ointment	Pack Sizes	500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	Pack Sizes	500 g

NHS Grampian

Emollients:

Ointments:

1st Line		Pack Sizes	
	AproDerm ointment	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	Cetraben ointment	Pack Size	450 g

Gels:

	Epimax isomol gel	Pack Sizes	100 g , 500 g
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Creams:

1st Line		Pack Sizes	
	AproDerm emollient cream	Pack Sizes	50 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g

Colloidal Oatmeal Creams:

1st Line		Pack Sizes	
	Epimax oatmeal cream	Pack Sizes	100 g, 500 g
	AproDerm Colloidal Oat cream	Pack Sizes	100 g, 500 g
	Zeroveen cream	Pack Sizes	100 g, 500 g

Urea 5 % Creams:

	imuDERM emollient (urea 5%)	Pack Size	500 g
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Lotions:

	QV 5% skin lotion	Pack Size	500 ml
	Cetraben lotion	Pack Sizes	200 ml, 500 ml

Emollient bath and shower additives:

	QV Gentle wash (as a soap substitute)	Pack Size	500 ml
	Hydromol Bath and Shower emollient	Pack Size	500 ml

NHS Highland

Emollients:

	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g
	Dermol 500 lotion	Pack Size	500 ml

Emollient bath and shower additives:

	Balneum 84.75% bath oil	Pack Sizes	500 ml
	Emulsiderm emollient	Pack Size	300 ml
	Oilatum emollient	Pack Sizes	500 ml
	Oilatum Junior bath additive	Pack Size	150 ml, 300 ml, 600 ml

Bath/shower preparations with antimicrobials

	Dermol 200 shower emollient	Pack Size	200 ml
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* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	250 g
	Fifty:50 ointment	Pack Sizes	250 g

NHS Lanarkshire

Emollients:

	ExoCream	Pack Size	500 ml
	Epimax isomol gel	Pack Size	500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
	Emulsifying ointment	Pack Sizes	500 g

* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff

	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	250 g
	Fifty:50 ointment	Pack Sizes	250 g

NHS Lothian			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2nd Line	QV cream	Pack Size	500 g
2nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
2nd Line	QV skin lotion 5%	Pack Size	500 ml
<u>Emollients (heavy weight):</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
2nd Line	Emulsifying ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	Emulsifying ointment	Pack Size	500 g
3rd Line	Hydromol Bath and Shower emollient	Pack Size	500 ml
3rd Line	QV Gentle Wash	Pack Size	500 ml
<u>Bath/shower preparations with antimicrobials:</u>			
4th Line	Dermol 500 lotion	Pack Size	500 ml

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<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	250 g
	Fifty:50 ointment	Pack Sizes	250 g

NHS Orkney

Emollients:

	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Shetland**Emollients:**

	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Tayside			
<u>Emollients:</u>			
<u>Ointments:</u>			
	AproDerm ointment	Pack Sizes	50 g, 500 g
	Epimax ointment	Pack Sizes	125 g , 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	500 g
<u>Creams</u>			
	Epimax original cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
<u>Gel</u>			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
<u>Soap substitute:</u>			
	QV Gentle wash	Pack Size	500 ml

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Aquaderm Liquid Paraffin 50% in White Soft Paraffin	Pack Sizes	500 g
	Fifty:50 ointment	Pack Sizes	500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	Pack Sizes	500 g

NHS Western Isles	
See NHS Highland choices	

10. Skin (cont.)

10.2 Nappy Rash

	Conotrane cream	Pack Sizes	500 g
	Metanium Nappy Rash ointment	Pack Sizes	30 g
	Sudocrem antiseptic healing cream	Pack Sizes	125 g, 250 g, 400 g

10.3 Allergy/Itch

	Aqueous Calamine cream	Pack Size	100 g
	Clobetasone 0.05% cream	Pack Size	15 g
	Crotamiton 10% cream	Pack Sizes	30 g, 100 g
	Hydrocortisone 1% cream	Pack Size	15 g
	AquaSoothe 1% cream	Pack Size	100 g
	Arjun 1% cream	Pack Size	100 g
	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg/ ml oral solution sugar free	Pack Size	70 ml, 200 ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine 2mg/5ml oral solution	Pack Size	150 ml
	Chlorphenamine 2mg/5ml oral solution sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml

10.4 Acne

	Acnecide 5% gel	Pack Size	30 g
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10.5 Scalp Disorders

	Capasal Therapeutic shampoo	Pack Size	250 ml
	Coal tar extract 2% shampoo	Pack Sizes	125 ml, 250 ml
	Ketoconazole shampoo 2%	Pack Sizes	60 ml, 100 ml
	Olive oil *	Pack Size	92 ml
	Sebco ointment	Pack Sizes	40 g, 100 g

10.6 Boils

	Magnesium sulfate paste BP	Pack Sizes	50 g
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*Olive oil – use of this product should be in line with [BNF Treatment Summary](#).

11. Dressings and Appliances

11.1 Dressings

	Clinipore tape 2.5 cm x 5 m	Pack Size	1
	Melolin 10 cm x 10 cm	Pack Size	1
	Melolin 5 cm x 5 cm	Pack Size	1
	Mepore dressing 10 cm x 11 cm	Pack Size	1
	Mepore dressing 7 cm x 8 cm	Pack Size	1
	Micropore tape 2.5 cm x 5 m	Pack Size	1
	365 Non Woven Island dressing 10cm x 10cm (365 Healthcare Ltd)	Pack Size	1
	365 Non Woven Island dressing 6cm x 8cm (365 Healthcare Ltd)	Pack Size	1
	365 Non Adherent dressing 5cm x 5cm (365 Healthcare Ltd)	Pack Size	1
	365 Non Adherent dressing 10cm x 10cm (365 Healthcare Ltd)	Pack Size	1
	365 Film dressing 10cm x 12cm (365 Healthcare Ltd)	Pack Size	1
	365 Film dressing 6cm x 7cm (365 Healthcare Ltd)	Pack Size	1
	ComfiGrip Elasticated bandage size B	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size B	Pack Size	1 m
	ComfiGrip Elasticated bandage size C	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size C	Pack Size	1 m
	ComfiGrip Elasticated bandage size D	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size D	Pack Size	1 m
	ComfiGrip Elasticated bandage size E	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size E	Pack Size	1 m
	ComfiGrip Elasticated bandage size F	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size F	Pack Size	1 m
	ComfiGrip Elasticated bandage size G	Pack Size	0.5 m
	ComfiGrip Elasticated bandage size G	Pack Size	1 m